



GBSC 724 Advanced Special Topics in
Metabolomics

POPULATION-SCALE CLINICAL METABOLOMICS: EXPANDED NEWBORN SCREENING

J. Daniel Sharer, PhD, FACMG
Professor and Director,
UAB Biochemical Genetics and Metabolic Disease
Laboratory
Department of Genetics
University of Alabama at Birmingham

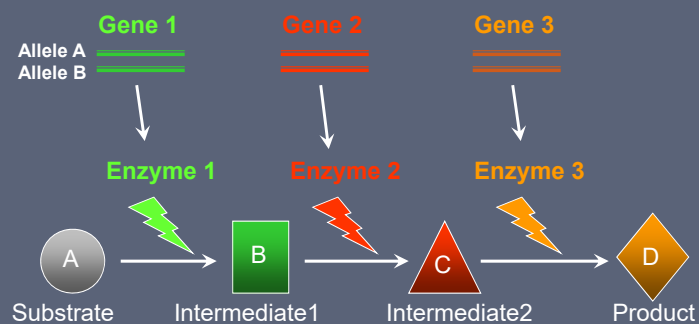
Lecture overview

- Introduction and relevance
- Historical perspective
- Methodology
- Future prospects

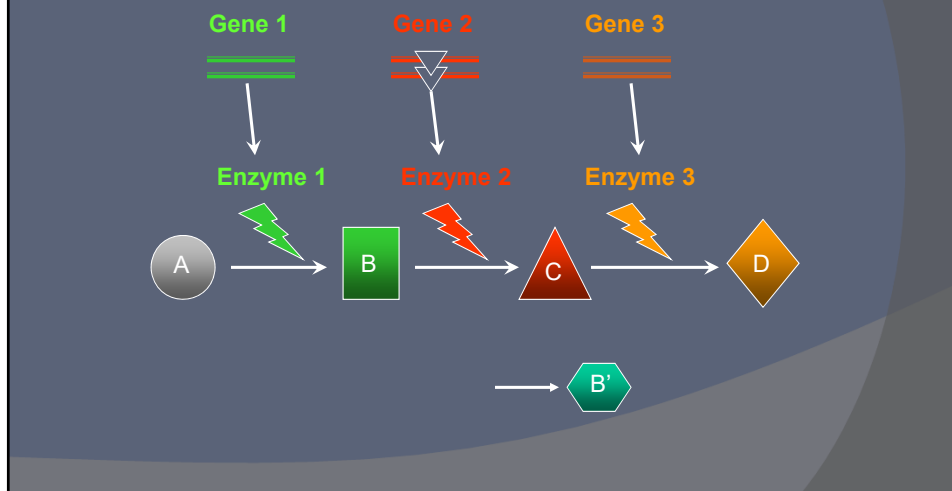
Prologue: the impact of newborn screening

- JS was born in 1942 with phenylketonuria (PKU). Undiagnosed, he developed severe intellectual disability and was institutionalized at the age of 20.
 - JD was born in 1962 with PKU. NBS was now available and led to a diagnosis at 2 weeks of age. She was placed on a special diet, and grew to be an adult with normal intelligence.
-
- ES was born in a state without medium chain acyl-CoA dehydrogenase (MCAD) deficiency screening in 1999. Undiagnosed, she died in her sleep at 15 months of age.
 - RD was born on the same day, but 15 miles away, just across the border in a state where MCAD screening was offered. He was placed on dietary therapy and grew to be a normal adult.

Metabolic Pathways: Sequential Enzyme-Catalyzed Reactions



Consequences of Metabolic Enzyme Dysfunction



Newborn Screening: one of the ten great public health achievements worldwide, 2001–2010

“Improvements in technology and endorsement of a uniform newborn-screening panel of diseases have led to earlier life-saving treatment and intervention for at least [4000] additional newborns each year with selected genetic and endocrine disorders.”

Morbidity & Mortality Weekly Report. 2011; 60(24):814-818
© 2011 Centers for Disease Control and Prevention (CDC)

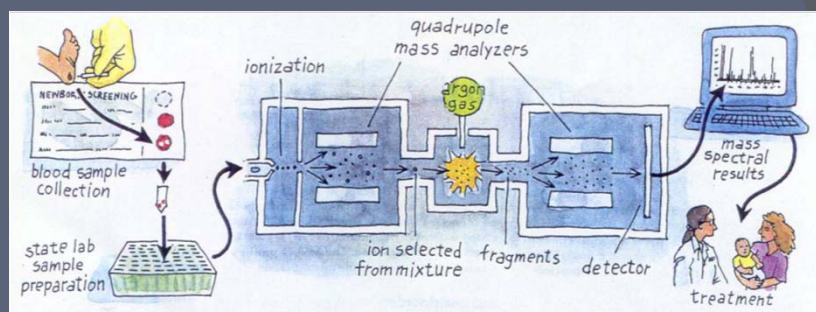
What is newborn screening (NBS)?



- Population scale screening of all newborns* for the presence of *treatable* conditions that are not otherwise evident at birth
 - Screening vs. diagnostic testing
- State – specific programs (no federal mandate) with significant variability
 - disorders detected
 - follow-up procedures

*USA: 4.3 million births/year

Modern newborn screening program



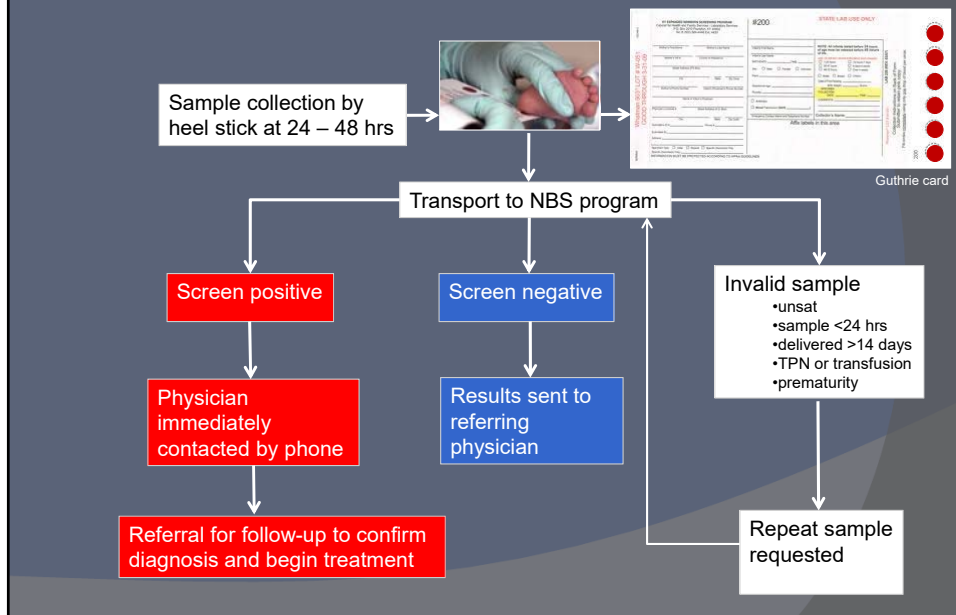
• Blood sample collected 24 – 48 hrs after birth (may be follow-up screen at 2 – 4 weeks)

• Analytical time: ~ 5 minutes

• Metabolites detected: >20

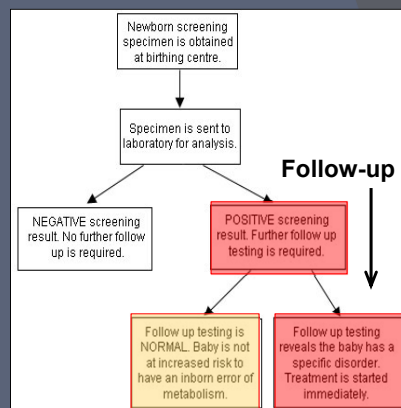
• Conditions detected: >50

Logistics of newborn screening



Newborn screening follow-up programs: screening is only the beginning

- Required to confirm or refute screening results
- Follow-up programs vary significantly by state
 - Biochemical/molecular genetic laboratories
- Most infants with abnormal NBS results have normal follow-up (~90%)
 - Prematurity
 - TPN or certain formulas
- If disease is confirmed then treatment is initiated immediately



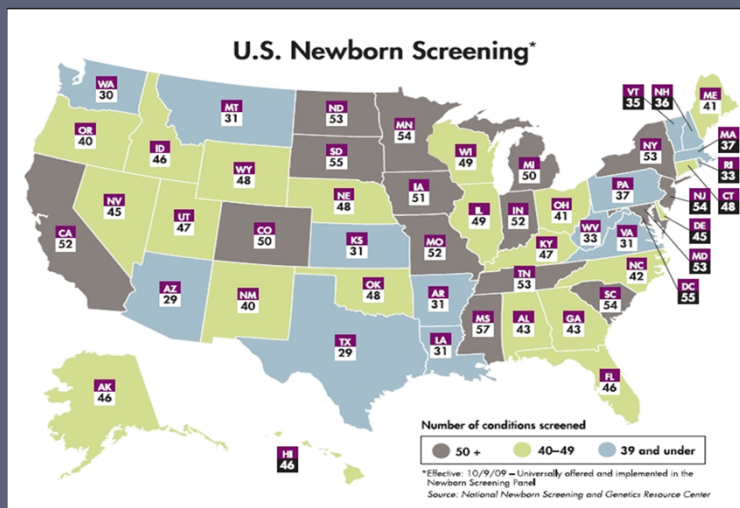
Western Australia
Newborn Screening
Program

Screened disorders in the United States

- Currently, 34 core conditions are recommended for newborn screening
 - 20 metabolic disorders (eg, PKU)
 - 2 endocrine disorders (eg, CAH)
 - 3 hemoglobin disorders (eg, sickle cell anemia)
 - 9 other conditions (eg, hearing loss, cystic fibrosis)
- Also 26 secondary conditions (may lack an effective therapy or have an unclear natural hx) that can be detected when screening for core disorders
 - 24 metabolic
 - 1 hemoglobinopathy
 - 3 other

National Newborn Screening & Global Resource Center (NNSGRC)

Conditions screened* by state



*Core + secondary conditions



National Newborn Screening Status Report Page 1 (Updated 11/02/14)

The U.S. National Screening Status Report lists the status of newborn screening in the United States.
Dot ** indicates that screening for the condition is universally required by Law or Rule and fully implemented
A = universally offered but not yet required, B = offered to select populations, or by request, C = testing required but not yet implemented
D = likely to be detected and reported as a by-product of other screening (MCMS) targeted by Law or Rule

Table with columns: STATE, Fatty Acid Disorders, Organic Acid Disorders, Amino Acid Disorders. Rows list 50 states and DC, with columns for various screening methods like CLAD, LCHAD, MSUD, etc.

Table with columns: Abbreviation, Name (optional nomenclature), Disorder/Condition. Includes rows for S-MOC, ASA, BKT, etc.



National Newborn Screening Status Report Page 2 (Updated 11/02/14)

Dot ** indicates that screening for the condition is universally required by Law or Rule and fully implemented
A = universally offered but not yet required, B = offered to select populations, or by request, C = testing required but not yet fully implemented
D = likely to be detected and reported as a by-product of other screening (MCMS) targeted by Law or Rule

Table with columns: STATE, Hearing, Endocrine, Hemoglobin, Other, Additional Non-RUSP Conditions. Rows list 50 states and DC, with columns for specific conditions like HEAR, CH, GALT, etc.

Table with columns: Abbreviation, Name, Disorder/Condition. Includes rows for BID, GALT, LCHAD, etc.

National Newborn Screening Status Report
Page 3 - (Updated 11/04/14)

Dot * indicates that screening for the condition is universally required by Law or Rule and fully implemented
A = universally offered but not yet required, B = offered to select populations, or by request, C = testing required but not yet implemented
D = likely to be detected (and reported) as a by-product of MIMV screening (MG-M) targeted by Law or Rule

STATE	Fatty Acid Disorders					25 RU/SF Secondary Target Conditions ¹										Other Metabolic			VD											
	CACT	CPT1a	CPT1b	ETFA2B	MOKAT	MCAD	SCAD	MHBA	MAL	MBDO	JBDO	JADO	JMOK	OMCAD	IBO	MAL	MG	BIPT-1		BIPT-2	OTF	H-PHE	MET	TTR-1	TTR-2	OMG	OMK	OML	Variant Name	
Alabama	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Alaska	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Arizona	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Arkansas	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
California	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Colorado	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Connecticut	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
D.C. of Columbia	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Delaware	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Florida	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Georgia	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Iowa	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Idaho	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Illinois	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Indiana	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Ireland	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Iowa	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Kansas	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Kentucky	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	
Louisiana	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Maine	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Madison	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Massachusetts	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Michigan	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Minnesota	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Mississippi	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Missouri	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Montana	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Nebraska	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Nebraska	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Nevada	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
New Jersey	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
New Mexico	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	
New York	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
North Carolina	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
North Dakota	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Ohio	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Oklahoma	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Oregon	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Pennsylvania	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Rhode Island	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
South Carolina	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
South Dakota	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Tennessee	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Texas	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Utah	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Vermont	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	
Virginia	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D
Washington	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D
West Virginia	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D	D
Wisconsin	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Wyoming	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

Terminology consistent with ACSSS report - Newborn Screening: Towards a Uniform Screening Panel and System. Genet Med. 2006; 8(1): Suppl 112-0252

Deficiency/Disorder Abbreviations and Names (optional nomenclature)

Abbreviation	Disorder	Enzyme	Gene	Disorder	Enzyme	Gene	Disorder	Enzyme	Gene
MBHBA	3-Methylcronyl-CoA hydratase	CACT	CACT	Carnitine acyltransferase I	CACAT	CACAT	MAL	MAL	MAL
IMBO	3-Methylcronyl-CoA hydratase	IMBO	IMBO	Methylmalonic academia (IMBO)	IMBO	IMBO	OMKAT	OMKAT	OMKAT
MOA	3-Methylcrotonic aciduria	CPT-1a	CPT1A	Citrulitema Type II	OTF-1	OTF-1	MET	MET	MET
ARO	Arylsulfatase A deficiency	CPT-1a	CPT1A	Carnitine palmitoyltransferase I	HPHE	HPHE	SCAD	SCAD	SCAD
BIPT-1	Defects of biotinidase cofactor regeneration	CPT-1a	CPT1A	Carnitine palmitoyltransferase I	IBO	IBO	TTR-1	TTR-1	TTR-1
BIPT-2	Defects of biotinidase cofactor regeneration	OMKAT	OMKAT	Medium/short chain L-3-hydroxyacyl-CoA dehydrogenase	NSD3AD	NSD3AD	TTR-2	TTR-2	TTR-2

Copyright © 2014 UHNCSSA

Tangible benefits of newborn screening



- Improved health outcomes:
 - estimated that 4000 – 5000 newborns/yr experience significantly improved health outcomes as a result of early detection and initiation of treatment¹
 - prevents diagnostic odysseys
- Cost-effective:
 - For one condition (congenital hypothyroidism) estimated annual economic benefit (eg, avoiding cost of treating an affected individual) is nearly 20 fold greater than the cost of screening (\$400 M vs. \$20 M)²

1. <http://www.councilforresponsiblegenetics.org/genewatch/GeneWatchPage.aspx?pagelid=450&fendnotes>
 2. CDC. MMWR 2004; 53(3):57-59
 Grosse SD. AERE Newsletter. 2007; 27(2):17-21 Grosse, SD et al. Med Care. 2009; 47(7 Suppl1):S94-S103

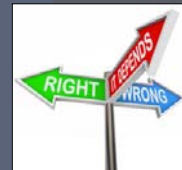
Limitations of NBS

- ◉ False negatives
- ◉ False positives
 - create significant stress for families
- ◉ Many types of metabolic disorders are not screened
- ◉ Questionable clinical utility for some screened disorders
- ◉ Lack of clinical and laboratory expertise
- ◉ Significant financial constraints



Newborn screening: ethical issues

- ◉ Privacy
 - Sample retention and security of stored data
- ◉ Clinical utility is questionable for some screened disorders
 - Severe forms of certain disorders that may present before NBS results are available
 - Very rare disorders with small numbers of affected patients, making outcomes uncertain
 - Very mild, ill-defined phenotypes
 - Lack of treatment options



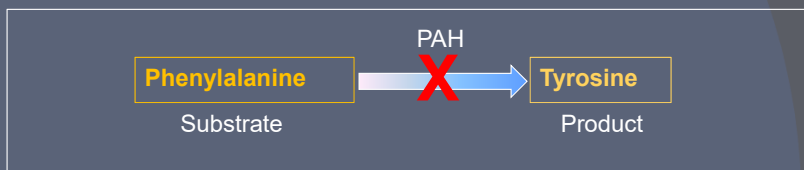
Criteria for inclusion in the ACMG ENS core screening panel (2006)

- An effective treatment is available
- Demonstrated benefits of early detection and treatment (clinical utility)
- The condition does not usually produce symptoms within 24 – 48 hrs after birth
- A sensitive, specific, and cost-effective test is available that can detect the condition within this time frame
- See <http://mchb.hrsa.gov/screening/> for more about the ENS task force



Historical Perspective

The origins of NBS: phenylketonuria (PKU)



- Etiology: impaired phenylalanine metabolism, with resulting CNS toxicity
- Treatment: reduction of dietary phenylalanine, but requires early detection
 - Development of a phenylalanine-free formula (Lofenalac)
 - Development of a simple test to detect PKU soon after birth

Robert Guthrie pioneered the first newborn screening test for PKU



- BIA: filter paper containing blood from newborns applied to an agar plate
- Bacteria only grow in the presence of phenylalanine
- Large colonies = PKU
- Paradigm: one test for one disorder

A brief history of newborn screening: the early years

- 1961: Robert Guthrie develops screening test for PKU
- 1962: Massachusetts pilots state-wide PKU screening
- 1965: Over 50% of states have mandated PKU screening
- 1968: WHO publishes *Principles and Practices of Screening for Disease*
 - Wilson-Jungner principles (early screening criteria)
- 1970s - 1980s: most states screen for ~6 conditions

A brief history of newborn screening: the era of MSMS expansion

- 1990s – early 2000s: Development and implementation of MSMS for newborn screening
 - Paradigm: one test for multiple disorders
- 2002: Maternal and Child Health Bureau commissions ACMG to recommend a uniform panel of conditions for NBS
 - 2005: ACMG ENS report identifies 29 core conditions and 25 secondary conditions (designated by HHS as the national standard for NBS – but not federally mandated)
- 2009: All states screen for at least 29 disorders; approximately 20 states screen for 40+ disorders





Methodology

Acylcarnitines are biomarkers for fatty acid oxidation disorders

- Deficient fatty/organic acid oxidation enzyme activity results in accumulation of one or more size-specific acylcarnitines in blood
- Effectively measured via MSMS; basis for expanded newborn screening (fatty/organic acid oxidation defects)

Acylcarnitines

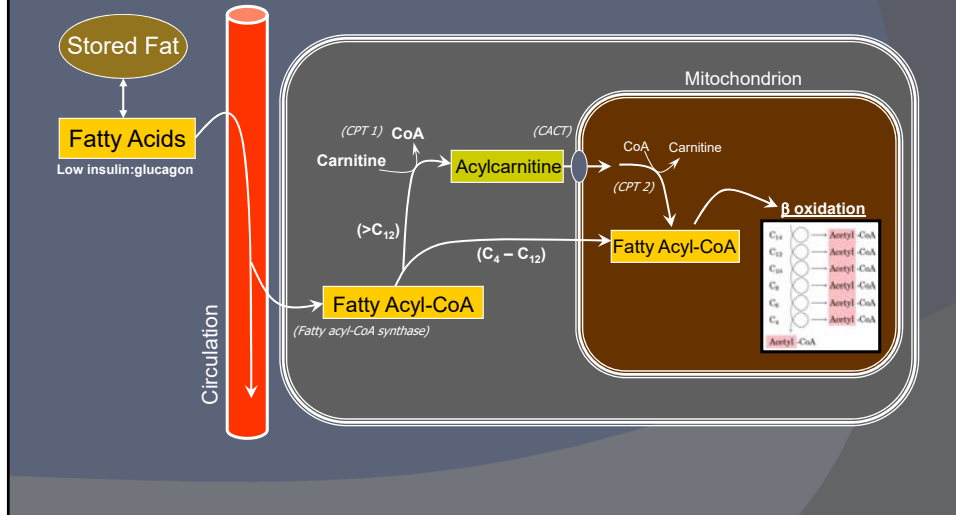


- ⦿ Disorders detected
 - Fatty acid oxidation disorders
 - Organic acid disorders
 - Other conditions identified
 - Ketosis, acidosis, catabolism, liver disease, renal disease, MCT feeding, etc
- ⦿ Methodology
 - MSMS analysis of butylated acylcarnitines
 - Quantification of >30 acylcarnitines
 - Analytical time: ~2 hrs

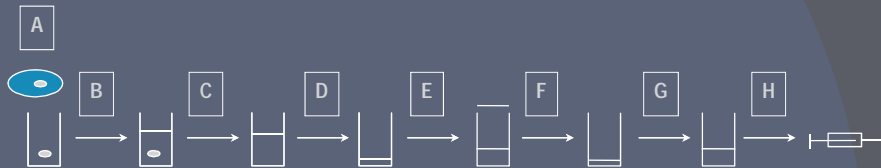
Acylcarnitines, continued

- ⦿ Sample requirements
 - Plasma (≥ 1 cc)
 - 20 ul used in assay
- ⦿ Limitations
 - Interfering substances
 - Results generally not considered to be diagnostic (enzyme activity and/or sequence analysis)
- ⦿ Confounders
 - Liver/kidney disease (AC-DCs)
 - Ketosis (C2, C4-OH, C12:1, C14:1)
 - MCT oil (C8, C10)
 - Valproate (C0, C8, C10)
 - Carnitine supplements (short chain ACs)
 - Cefotaxime (C14:1, C16:1-OH)
 - Cheese (C3)

Overview of fatty acid oxidation



Blood Spot Sample Preparation

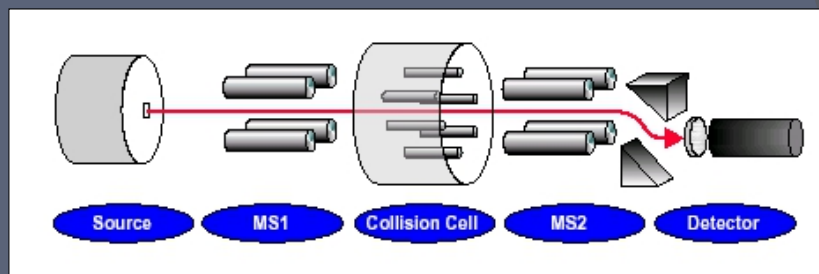


- Punch out one spot from Guthrie card (typically 3/16" or 3mm).
- Add 100 μL MeOH (with internal standards) and extract for 30 minutes.
- Transfer supernatant into second plate.
- Evaporate to dryness under nitrogen with mild (40°C) heating.
- Add 100 μL 3 N Butanolic HCl to each sample and heat at 60°C for 15 minutes for butylation.
- Evaporate to dryness under nitrogen with mild (40°C) heating.
- Add 100 μL 80% MeCN to dissolve each sample.
- Inject 10 μL into mobile phase.

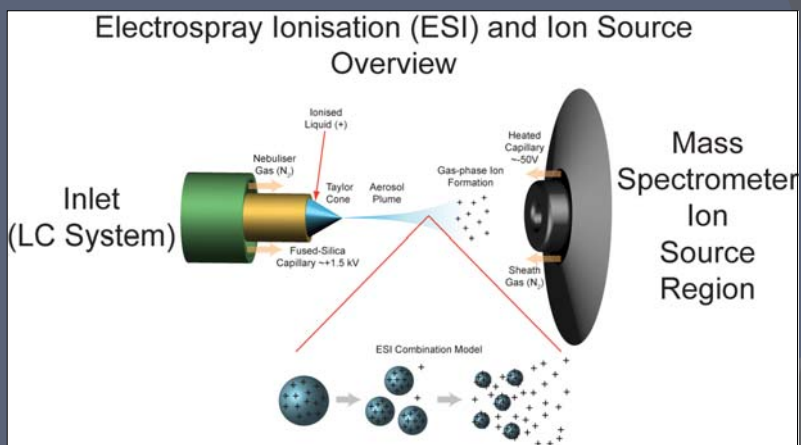
Waters Quattro Micro LC-MSMS



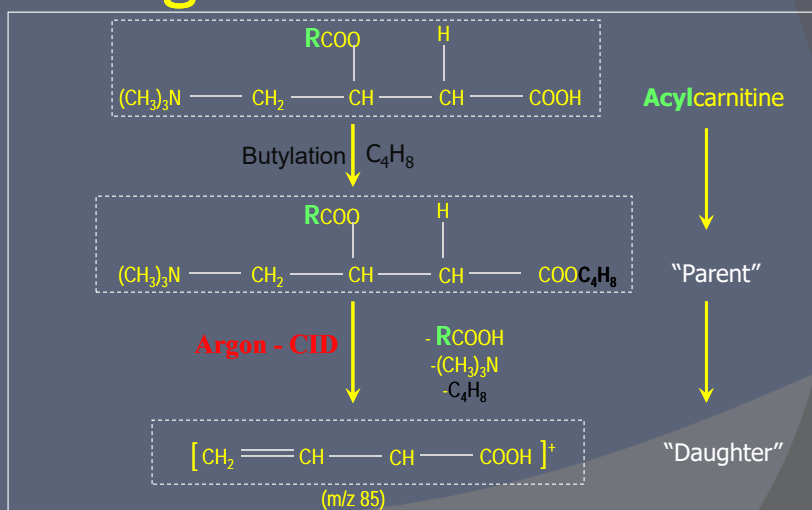
Schematic of a triple quadrupole tandem mass spectrometer



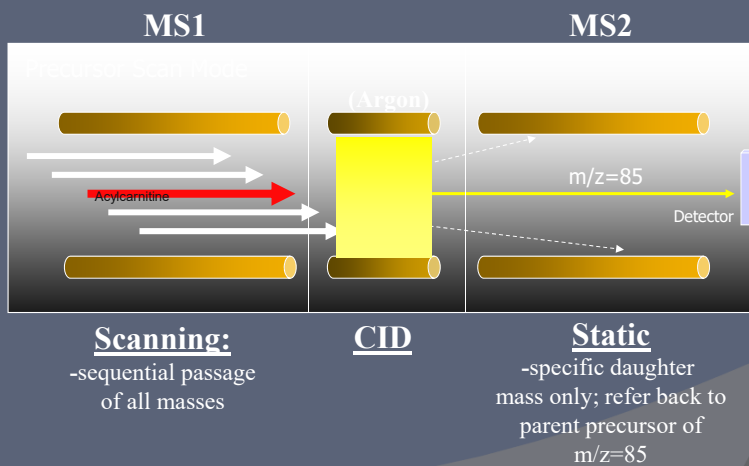
Electrospray ionization



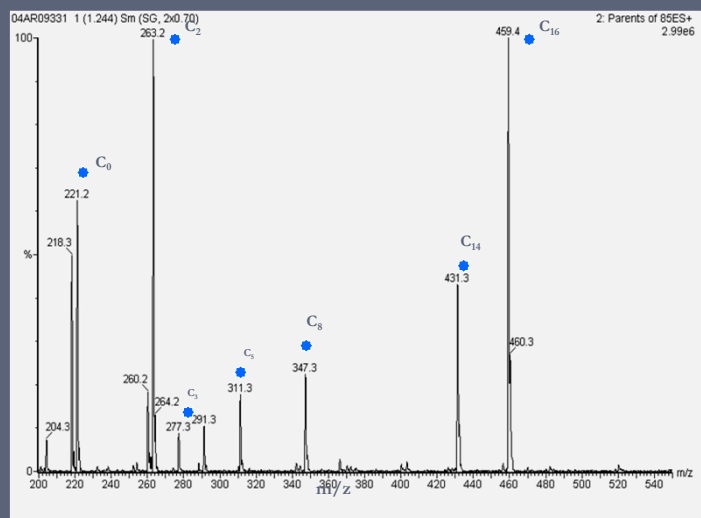
Acylcarnitines: derivatization and fragmentation



Analysis of plasma acylcarnitines using precursor scanning (“parents of 85”)



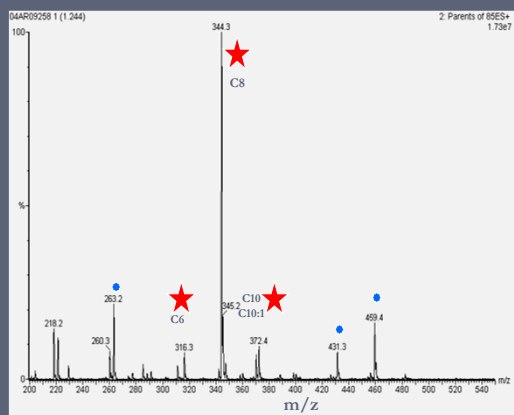
Plasma acylcarnitine profile



Normal profile

○ = internal standard peak

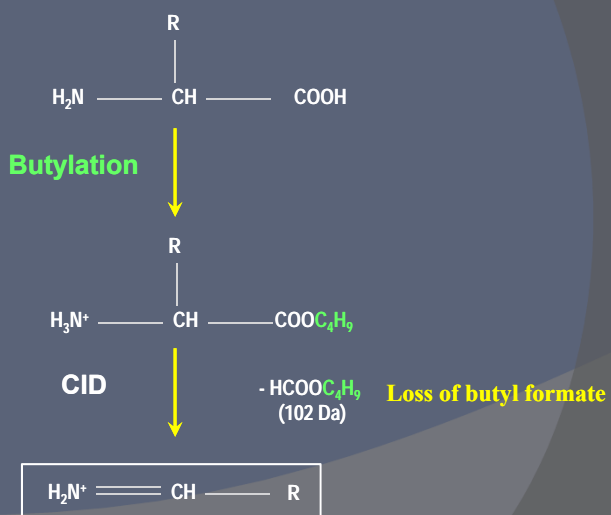
Abnormal acylcarnitine profile



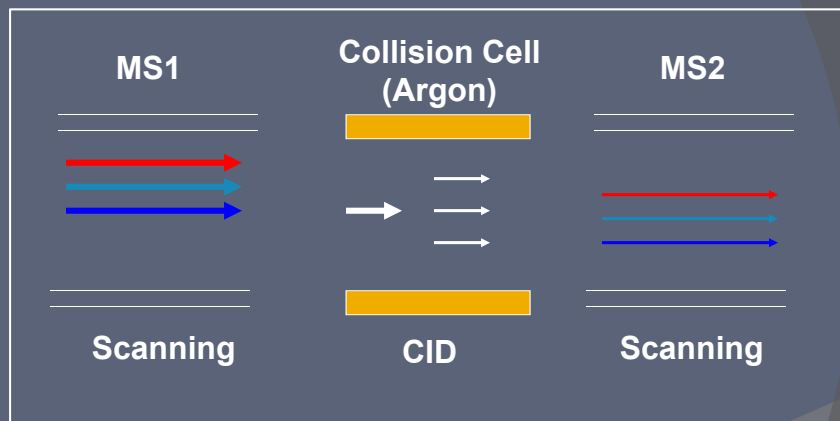
MCAD

- Medium Chain Acyl-CoA Dehydrogenase (MCAD) deficiency
- Most common defect of mitochondrial FAO (1:15,000)
- Lethargy, seizures, hypoketotic hypoglycemia, sudden death
- Diagnosis allows for treatment (avoidance of fasting)
 - Clinical utility

Neutral and acidic amino acids: derivatization and fragmentation

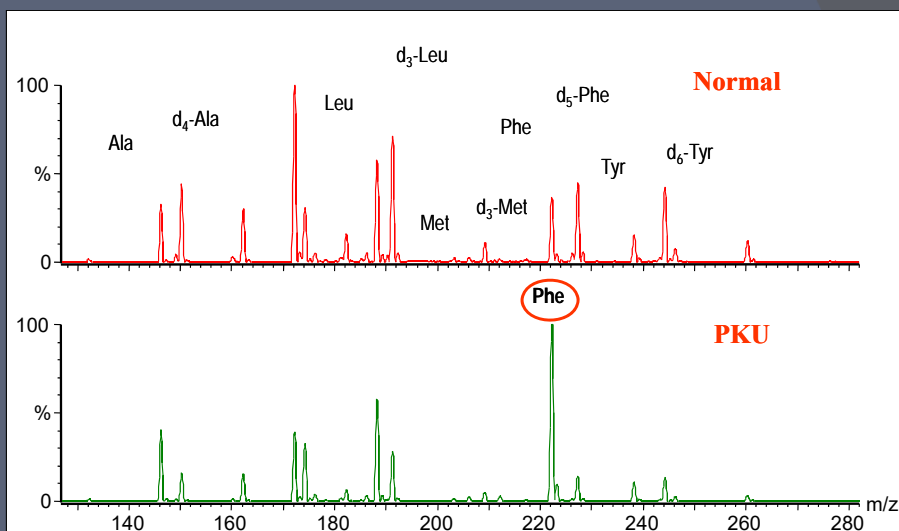


Neutral Loss Scan for Amino Acids

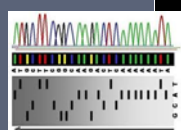


- Loss of 119 Da for basic amino acids
- Loss of 102 Da for acidic and neutral amino acids

Phenylketonuria (PKU)



The Future of Newborn Screening



Variants of unknown significance



Genzyme
Google images

Where do we go from here?



- The existing NBS model continues to evolve
 - More conditions (eg, selected lysosomal storage diseases) being added or considered for screening
 - Changes to screening criteria proposed
- Next generation sequencing: the new screening paradigm?
 - Potential for massive expansion of genetic screening

Altering the paradigm: should we screen for diseases without an effective therapy?

- ◉ Cornerstone of traditional screening: must be an effective treatment available
- ◉ However, it has been suggested that future screening should consider other benefits:
 - avoiding diagnostic odysseys
 - making preparations for disease
 - reproductive decisions
 - early access to promising new therapies

Alexander and van Dyck, 2006
Tarini 2008



Thank You!

